

dare to travel fit

SEEDONA



March 10-13, 2016

ACTIVITIES

Please join us for this unique travel experience and wellness retreat March 10-13 in stunning Sedona, Arizona.

We will combine our love for active living with our passion for travel and healthy eating.

Organized group activities will include:



HIKING



BIKING



COOKING

ACCOMODATIONS

The intimate, boutique Sunset Chateau is a serene retreat all by itself.

Situated at the trailhead of the 4-mile Airport Mesa hike, here, you will also enjoy outdoor gardens and patios, two tennis courts, a swimming pool and the jacuzzi complete with kiva fireplace.



SUITES



GARDENS



PATIOS



The dare to travel fit SEDONA package includes:

3-night accommodations at the Sunset Chateau
daily hikes (all permits included)
daily Pilates/Yoga classes

daily breakfasts (except initial travel day)
3 lunches
2 dinners
1 gourmet cooking class followed by dinner
(this is 1 of the 2 dinners included)

1 Red Rock bike tour (beginner to intermediate level)

all transportation for group events
airport transfers between Phoenix airport and Sedona
(for participants arriving/departing at same time)



For details and reservations:

contact Michelle Cushing
michelle@dare-tobefit.com
773-934-2917

Pricing

Single occupancy \$2,199
Double occupancy \$1,869
Triple occupancy \$1,739

*Pricing includes all taxes, tips and gratuities for group events.

**Pricing excludes flights and incidentals/personal expenses